

0~7岁女童体质指数(BMI)/年龄标准差数值表

年龄		体质指数 (BMI)						
岁	月	-3SD	-2SD	-1SD	中位数	+1SD	+2SD	+3SD
0	0	10.1	11.1	12.2	13.3	14.6	16.1	17.7
	1	10.8	12.0	13.2	14.6	16.0	17.5	19.1
	2	11.8	13.0	14.3	15.8	17.3	19.0	20.7
	3	12.4	13.6	14.9	16.4	17.9	19.7	21.5
	4	12.7	13.9	15.2	16.7	18.3	20.0	22.0
	5	12.9	14.1	15.4	16.8	18.4	20.2	22.2
0	6	13.0	14.1	15.5	16.9	18.5	20.3	22.3
	7	13.0	14.2	15.5	16.9	18.5	20.3	22.3
	8	13.0	14.1	15.4	16.8	18.4	20.2	22.2
	9	12.9	14.1	15.3	16.7	18.3	20.1	22.1
	10	12.9	14.0	15.2	16.6	18.2	19.9	21.9
	11	12.8	13.9	15.1	16.5	18.0	19.8	21.8
1	0	12.7	13.8	15.0	16.4	17.9	19.6	21.6
	1	12.6	13.7	14.9	16.2	17.7	19.5	21.4
	2	12.6	13.6	14.8	16.1	17.6	19.3	21.3
	3	12.5	13.5	14.7	16.0	17.5	19.2	21.1
	4	12.4	13.5	14.6	15.9	17.4	19.1	21.0
	5	12.4	13.4	14.5	15.8	17.3	18.9	20.9
1	6	12.3	13.3	14.4	15.7	17.2	18.8	20.8
	7	12.3	13.3	14.4	15.7	17.1	18.8	20.7
	8	12.2	13.2	14.3	15.6	17.0	18.7	20.6
	9	12.2	13.2	14.3	15.5	17.0	18.6	20.5
	10	12.2	13.1	14.2	15.5	16.9	18.5	20.4
	11	12.2	13.1	14.2	15.4	16.9	18.5	20.4
2 ^a	0 ^a	12.1	13.1	14.2	15.4	16.8	18.4	20.3
2 ^b	0 ^b	12.4	13.3	14.4	15.7	17.1	18.7	20.6
	1	12.4	13.3	14.4	15.7	17.1	18.7	20.6
	2	12.3	13.3	14.4	15.6	17.0	18.7	20.6
	3	12.3	13.3	14.4	15.6	17.0	18.6	20.5
	4	12.3	13.3	14.3	15.6	17.0	18.6	20.5
	5	12.3	13.2	14.3	15.6	17.0	18.6	20.4
2	6	12.3	13.2	14.3	15.5	16.9	18.5	20.4
	7	12.2	13.2	14.3	15.5	16.9	18.5	20.4
	8	12.2	13.2	14.3	15.5	16.9	18.5	20.4
	9	12.2	13.1	14.2	15.5	16.9	18.5	20.3
	10	12.2	13.1	14.2	15.4	16.8	18.5	20.3
	11	12.1	13.1	14.2	15.4	16.8	18.4	20.3
3	0	12.1	13.1	14.2	15.4	16.8	18.4	20.3
	1	12.1	13.1	14.1	15.4	16.8	18.4	20.3
	2	12.1	13.0	14.1	15.4	16.8	18.4	20.3
	3	12.0	13.0	14.1	15.3	16.8	18.4	20.3
	4	12.0	13.0	14.1	15.3	16.8	18.4	20.3
	5	12.0	13.0	14.1	15.3	16.8	18.4	20.4
3	6	12.0	12.9	14.0	15.3	16.8	18.4	20.4
	7	11.9	12.9	14.0	15.3	16.8	18.4	20.4
	8	11.9	12.9	14.0	15.3	16.8	18.5	20.4
	9	11.9	12.9	14.0	15.3	16.8	18.5	20.5
	10	11.9	12.9	14.0	15.3	16.8	18.5	20.5
	11	11.8	12.8	14.0	15.3	16.8	18.5	20.5

0~7岁女童体质指数(BMI)/年龄标准差数值表 (续)

年龄		体质指数 (BMI)						
岁	月	-3SD	-2SD	-1SD	中位数	+1SD	+2SD	+3SD
4	0	11.8	12.8	14.0	15.3	16.8	18.5	20.6
	1	11.8	12.8	13.9	15.3	16.8	18.5	20.6
	2	11.8	12.8	13.9	15.3	16.8	18.6	20.7
	3	11.8	12.8	13.9	15.3	16.8	18.6	20.7
	4	11.7	12.8	13.9	15.2	16.8	18.6	20.7
4	5	11.7	12.7	13.9	15.3	16.8	18.6	20.8
	6	11.7	12.7	13.9	15.3	16.8	18.7	20.8
	7	11.7	12.7	13.9	15.3	16.8	18.7	20.9
	8	11.7	12.7	13.9	15.3	16.8	18.7	20.9
	9	11.7	12.7	13.9	15.3	16.9	18.7	21.0
	10	11.7	12.7	13.9	15.3	16.9	18.8	21.0
	11	11.6	12.7	13.9	15.3	16.9	18.8	21.0
5	0	11.6	12.7	13.9	15.3	16.9	18.8	21.1
	1	11.8	12.7	13.9	15.2	16.9	18.9	21.3
	2	11.8	12.7	13.9	15.2	16.9	18.9	21.4
	3	11.8	12.7	13.9	15.2	16.9	18.9	21.5
	4	11.8	12.7	13.9	15.2	16.9	18.9	21.5
5	5	11.7	12.7	13.9	15.2	16.9	19.0	21.6
	6	11.7	12.7	13.9	15.2	16.9	19.0	21.7
	7	11.7	12.7	13.9	15.2	16.9	19.0	21.7
	8	11.7	12.7	13.9	15.3	17.0	19.1	21.8
	9	11.7	12.7	13.9	15.3	17.0	19.1	21.9
	10	11.7	12.7	13.9	15.3	17.0	19.1	22.0
	11	11.7	12.7	13.9	15.3	17.0	19.2	22.1
6	0	11.7	12.7	13.9	15.3	17.0	19.2	22.1
	1	11.7	12.7	13.9	15.3	17.0	19.3	22.2
	2	11.7	12.7	13.9	15.3	17.0	19.3	22.3
	3	11.7	12.7	13.9	15.3	17.1	19.3	22.4
	4	11.7	12.7	13.9	15.3	17.1	19.4	22.5
6	5	11.7	12.7	13.9	15.3	17.1	19.4	22.6
	6	11.7	12.7	13.9	15.3	17.1	19.5	22.7
	7	11.7	12.7	13.9	15.3	17.2	19.5	22.8
	8	11.7	12.7	13.9	15.3	17.2	19.6	22.9
	9	11.7	12.7	13.9	15.4	17.2	19.6	23.0
	10	11.7	12.7	13.9	15.4	17.2	19.7	23.1
	11	11.7	12.7	13.9	15.4	17.3	19.7	23.2
7	0	11.8	12.7	13.9	15.4	17.3	19.8	23.3

注：若24月龄的女童使用卧式身长计测量身长，则使用年龄为2⁰行的数据，若其使用立式身高计测量身高，则使用年龄为2¹行的数据。此表上0-2岁的BMI值是根据身长测算的，若0-2岁的女童测量的是立式身高，要在身高基础上增加0.7cm，转换成身长后再计算BMI指数。若2-5岁的女童测量的是卧式身长，则要在身长基础上减少0.7cm，转换成身高后再计算。

2006年WHO儿童生长标准