

0~7岁男童体质指数(BMI)/年龄标准差数值表

年龄		体质指数 (BMI)						
岁	月	-3SD	-2SD	-1SD	中位数	+1SD	+2SD	+3SD
0	0	10.2	11.1	12.2	13.4	14.8	16.3	18.1
	1	11.3	12.4	13.6	14.9	16.3	17.8	19.4
	2	12.5	13.7	15.0	16.3	17.8	19.4	21.1
	3	13.1	14.3	15.5	16.9	18.4	20.0	21.8
	4	13.4	14.5	15.8	17.2	18.7	20.3	22.1
	5	13.5	14.7	15.9	17.3	18.8	20.5	22.3
0	6	13.6	14.7	16.0	17.3	18.8	20.5	22.3
	7	13.7	14.8	16.0	17.3	18.8	20.5	22.3
	8	13.6	14.7	15.9	17.3	18.7	20.4	22.2
	9	13.6	14.7	15.8	17.2	18.6	20.3	22.1
	10	13.5	14.6	15.7	17.0	18.5	20.1	22.0
	11	13.4	14.5	15.6	16.9	18.4	20.0	21.8
1	0	13.4	14.4	15.5	16.8	18.2	19.8	21.6
	1	13.3	14.3	15.4	16.7	18.1	19.7	21.5
	2	13.2	14.2	15.3	16.6	18.0	19.5	21.3
	3	13.1	14.1	15.2	16.4	17.8	19.4	21.2
	4	13.1	14.0	15.1	16.3	17.7	19.3	21.0
	5	13.0	13.9	15.0	16.2	17.6	19.1	20.9
1	6	12.9	13.9	14.9	16.1	17.5	19.0	20.8
	7	12.9	13.8	14.9	16.1	17.4	18.9	20.7
	8	12.8	13.7	14.8	16.0	17.3	18.8	20.6
	9	12.8	13.7	14.7	15.9	17.2	18.7	20.5
	10	12.7	13.6	14.7	15.8	17.2	18.7	20.4
	11	12.7	13.6	14.6	15.8	17.1	18.6	20.3
2 <sup>a</sup>	0 <sup>a</sup>	12.7	13.6	14.6	15.7	17.0	18.5	20.3
2 <sup>b</sup>	0 <sup>b</sup>	12.9	13.8	14.8	16.0	17.3	18.9	20.6
	1	12.8	13.8	14.8	16.0	17.3	18.8	20.5
	2	12.8	13.7	14.8	15.9	17.3	18.8	20.5
	3	12.7	13.7	14.7	15.9	17.2	18.7	20.4
	4	12.7	13.6	14.7	15.9	17.2	18.7	20.4
	5	12.7	13.6	14.7	15.8	17.1	18.6	20.3
2	6	12.6	13.6	14.6	15.8	17.1	18.6	20.2
	7	12.6	13.5	14.6	15.8	17.1	18.5	20.2
	8	12.5	13.5	14.6	15.7	17.0	18.5	20.1
	9	12.5	13.5	14.5	15.7	17.0	18.5	20.1
	10	12.5	13.4	14.5	15.7	17.0	18.4	20.0
	11	12.4	13.4	14.5	15.6	16.9	18.4	20.0
3	0	12.4	13.4	14.4	15.6	16.9	18.4	20.0
	1	12.4	13.3	14.4	15.6	16.9	18.3	19.9
	2	12.3	13.3	14.4	15.5	16.8	18.3	19.9
	3	12.3	13.3	14.3	15.5	16.8	18.3	19.9
	4	12.3	13.2	14.3	15.5	16.8	18.2	19.9
	5	12.2	13.2	14.3	15.5	16.8	18.2	19.9
3	6	12.2	13.2	14.3	15.4	16.8	18.2	19.8
	7	12.2	13.2	14.2	15.4	16.7	18.2	19.8
	8	12.2	13.1	14.2	15.4	16.7	18.2	19.8
	9	12.2	13.1	14.2	15.4	16.7	18.2	19.8
	10	12.1	13.1	14.2	15.4	16.7	18.2	19.8
	11	12.1	13.1	14.2	15.3	16.7	18.2	19.9

# 0~7岁男童体质指数(BMI)/年龄标准差数值表 (续)

年龄		体质指数 (BMI)						
岁	月	-3SD	-2SD	-1SD	中位数	+1SD	+2SD	+3SD
4	0	12.1	13.1	14.1	15.3	16.7	18.2	19.9
	1	12.1	13.0	14.1	15.3	16.7	18.2	19.9
	2	12.1	13.0	14.1	15.3	16.7	18.2	19.9
	3	12.1	13.0	14.1	15.3	16.6	18.2	19.9
	4	12.0	13.0	14.1	15.3	16.6	18.2	19.9
	5	12.0	13.0	14.1	15.3	16.6	18.2	20.0
4	6	12.0	13.0	14.0	15.3	16.6	18.2	20.0
	7	12.0	13.0	14.0	15.2	16.6	18.2	20.0
	8	12.0	12.9	14.0	15.2	16.6	18.2	20.1
	9	12.0	12.9	14.0	15.2	16.6	18.2	20.1
	10	12.0	12.9	14.0	15.2	16.6	18.3	20.2
	11	12.0	12.9	14.0	15.2	16.6	18.3	20.2
5	0	12.0	12.9	14.0	15.2	16.6	18.3	20.3
	1	12.1	13.0	14.1	15.3	16.6	18.3	20.2
	2	12.1	13.0	14.1	15.3	16.6	18.3	20.2
	3	12.1	13.0	14.1	15.3	16.7	18.3	20.2
	4	12.1	13.0	14.1	15.3	16.7	18.3	20.3
	5	12.1	13.0	14.1	15.3	16.7	18.3	20.3
5	6	12.1	13.0	14.1	15.3	16.7	18.4	20.4
	7	12.1	13.0	14.1	15.3	16.7	18.4	20.4
	8	12.1	13.0	14.1	15.3	16.7	18.4	20.5
	9	12.1	13.0	14.1	15.3	16.7	18.4	20.5
	10	12.1	13.0	14.1	15.3	16.7	18.5	20.6
	11	12.1	13.0	14.1	15.3	16.7	18.5	20.6
6	0	12.1	13.0	14.1	15.3	16.8	18.5	20.7
	1	12.1	13.0	14.1	15.3	16.8	18.6	20.8
	2	12.2	13.1	14.1	15.3	16.8	18.6	20.8
	3	12.2	13.1	14.1	15.3	16.8	18.6	20.9
	4	12.2	13.1	14.1	15.4	16.8	18.7	21.0
	5	12.2	13.1	14.1	15.4	16.9	18.7	21.0
6	6	12.2	13.1	14.1	15.4	16.9	18.7	21.1
	7	12.2	13.1	14.1	15.4	16.9	18.8	21.2
	8	12.2	13.1	14.2	15.4	16.9	18.8	21.3
	9	12.2	13.1	14.2	15.4	17.0	18.9	21.3
	10	12.2	13.1	14.2	15.4	17.0	18.9	21.4
	11	12.2	13.1	14.2	15.5	17.0	19.0	21.5
7	0	12.3	13.1	14.2	15.5	17.0	19.0	21.6

注：若24月龄的男童使用卧式身长计测量身长，则使用年龄为2<sup>a</sup>行的数据，若其使用立式身高计测量身高，则使用年龄为2<sup>b</sup>行的数据。此表上0-2岁的BMI值是根据身长测算的，若0-2岁的男童测量的是立式身高，要在身高基础上增加0.7cm，转换成身长后再计算BMI指数。若2-5岁的男童测量的是卧式身长，则要在身长基础上减少0.7cm，转换成身高后再计算。